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*Welcome to the 4th issue, Volume 3, of **InfiniSynechis**, a monthly publication of Fearless Hearts Foundation*

Foundation News & Updates

All Foundation News and Updates can be found on the foundation website

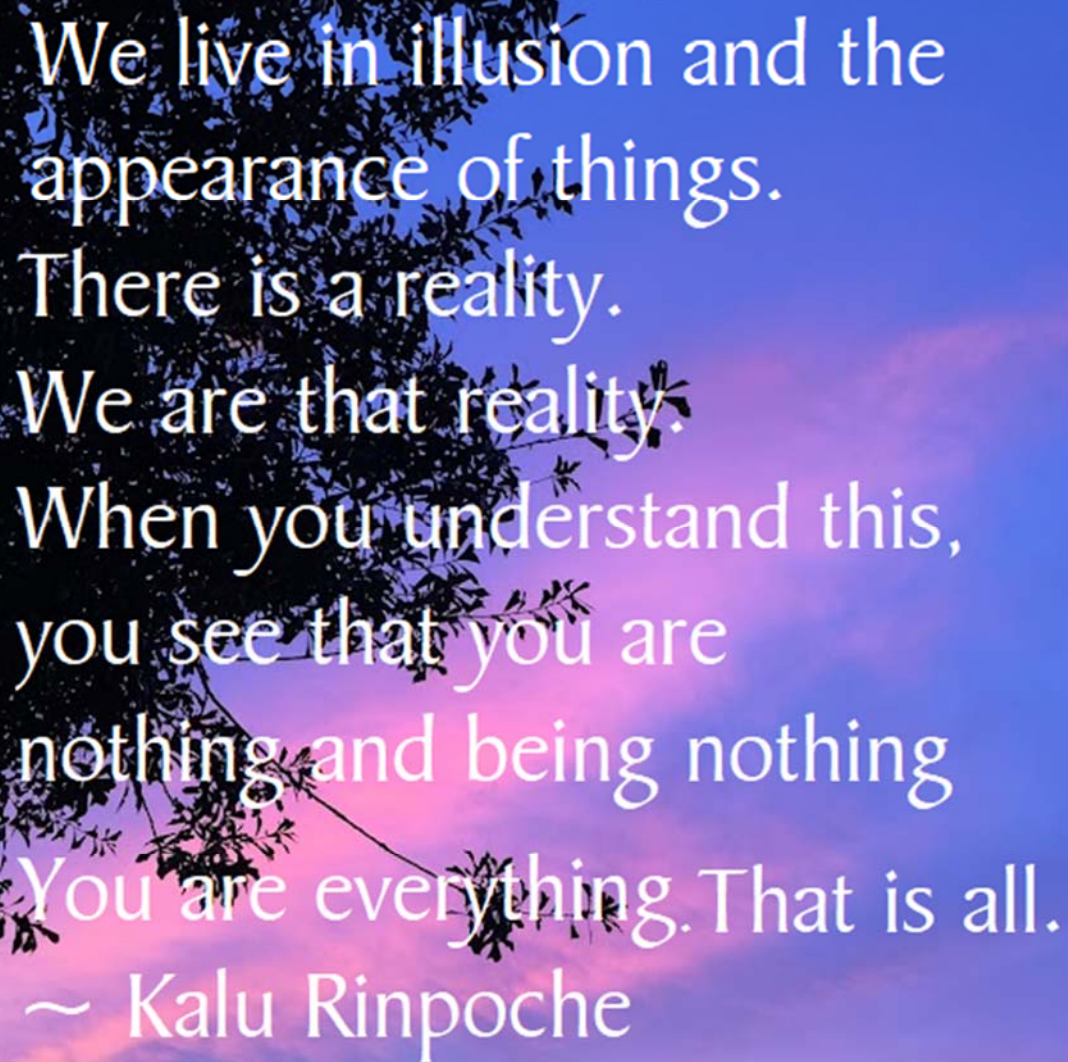
Conscious Living

The Fundamental Things

Serendipities and Synchronicities- a window to reality

How we experience reality

One Zen master has written how we experience reality, that is, that we live in illusion.



We live in illusion and the
appearance of things.
There is a reality.
We are that reality.
When you understand this,
you see that you are
nothing and being nothing
You are everything. That is all.
~ Kalu Rinpoche

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One's experienced reality is merely a projection of one's limited perception. Hence the world as we see it merely acts as a projection screen, or if you will, a mirror.

Centuries of conditioning have placed a lot of dust in the mirror and hence one's subjective reality makes us experience an event which we attribute to will, chance or grace.

Will means self determination and putting action into obtaining a desired outcome.

For example an actor preparing for a role in a film that requires him or her to be big will eat to achieve the desired result.

A ballet dancer will follow a strict schedule of practicing, and a musician will do the same.

A business person will prepare a business plan and try to execute it with the desired outcome as a goal.

This is how normally a great majority who long for success live in this world, the logical and orderly sequence of events in time, of cause and effect

Every once in a while, we experience delightful instances that do not in and of itself follow a visible cause and effect sequence. We call these experiences serendipity and synchronicity.

In the above categories, serendipity and synchronicity fall in the second category: by chance.

The following are the published definitions of serendipity and synchronicity

ser·en·dip·i·ty

noun

/,serən'dipədē/

*the occurrence and development of events by chance in a happy or beneficial way.
"a fortunate stroke of serendipity"*

serendipity is an unsought, unintended, and/or unexpected, but fortunate, discovery and/or learning experience that happens by accident

It is a single event which usually brings delight to the experiencer.

syn·chro·nic·i·ty

/ˌsɪŋɡkrəˈnɪsədē/

noun

the simultaneous occurrence of events which appear significantly related but have no discernible causal connection.

"such synchronicity is quite staggering

"Some will call it a fruitful coincidence. Two or more events that appear not correlated with each other but bring about a curious happenstance.

For example you were thinking about your friend, whom you have not heard from in a while and the phone suddenly rings and it is your friend. Both concepts are rooted in one's idea of time. In reality all three are part of what we experience in the NOW.

Only the mind classifies occurrences because the mind requires an explanation about things, occurrences and events. The desire to understand keeps us identified with ones' mind. We are neither the body nor the mind. If we can "detach" ourselves from the situation, that is to observe the event from a distance, a new perspective arises.

Existence is so vast and there are bound to arise some events we are not able to explain. The unknowable. Rather than trying to understand (a function of the logical mind), which keeps us tethered to the mind and to ones' identification with it, we observe without judgment.

For example, in the event of us finding a \$20 dollar bill in an old coat, we may try to explain it by saying "we have forgotten" we kept it there. But we really do not know..maybe one of your' friends wanted to thank you so she slipped the bill into your pocket when you were not looking. Maybe our mother wanted to give us an unannounced gift.

"We can know only that we know nothing. And that is the highest degree of

human wisdom” ~ in War and Peace by Leo Tolstoy

If we are able to witness the event without trying to explain how or why, perhaps we can get a momentary glimpse of this third phenomenon, as if we were the audience in a short movie clip, the movie clip of one's life as we live it.

That “observer” is the timeless, unchanging, ever present wholeness of which we as sentient beings are part of. We may call it reality, thusness, existence, Tao.

Grace means there is an invisible power that has granted one a longing from the heart. Grace descends upon one who is in tune with all of existence.

This “us” is the consciousness that is behind all life and that which is not extinguished when we die. To one who is in tune with existence, there is no time because every moment is in itself eternity.

We have lived many lives before the one we are living in now. We are a product of centuries of being born and reborn in different bodies and different circumstances, each birth a chance to remember who we are.

“Only this moment exists, and this moment is eternity” ~ Osho

This article is posted on the blog pages of Fearless Hearts

Foundation <https://fearlessheartsfoundation.org/fhf-blog/serendipities-and-synchronicities>

Philanthropy

Philanthropy: Focus on American Philanthropists

America’s Top Givers 2022: The 25 Most Philanthropic Billionaires

<https://www.forbes.com/sites/forbeswealthteam/2022/01/19/americas-top-givers-2022-the-25-most-philanthropic-billionaires/?>

The Americans who gave the most to charity in 2021

<https://theconversation.com/the-50-biggest-us-donors-gave-or-pledged-nearly-28-billion-in-2021-bill-gates-and-melinda-french-gates-account-for-15-billion-of-that-total-175778>

Home Philanthropy news Top fifty U.S. donors gave \$24.7 billion to charity in 2020

<https://philanthropynewsdigest.org/news/top-fifty-u.s.-donors-gave-24.7-billion-to-charity-in-2020>

Business Insights*

We have created a dot com website dedicated to uplifting the human spirit, as well as providing educational materials related to business.

<https://fearlessheartsfoundation.com>

Fundamentals of Being in Business

Every business has room to grow. Creativity, in all aspects of life, including business, has no bounds. Trust yourself in considering and executing your creative ideas.

Business Ideas: Adjusting to the Current Business Climate

Your clients/customers are the best source of the changing demands of your business. Pay attention to them and to their questions and ideas.

Commentary

In the news we read about successful business people. Very often we overlook the fact that the success in today's news is a result of many years of work, experimentation, implementation of new ideas, keeping those that work and constantly trying new ideas.

** Disclaimer : The information provided in this section of InfiniSynechis is for educational purposes only and not to be considered as Financial Advice.*

Fundraising Announcement

Fearless Hearts Foundation is a (501) (c) (3) public charity and welcomes your support. To donate click on the web link below

<https://fearlessheartsfoundation.org/donate>

Feedback

We welcome your feedback on this newsletter and if there are topics regarding conscious living, business insights or philanthropy that you would like to write about you are welcome to send it to us for review.

You can download the pdf file of this newsletter here

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